



**Security Awareness Training:**  
how to protect yourself and your business with a  
humans first approach

# CENTARIS™



[www.Centaris.com](http://www.Centaris.com)



# **What you need to know!**

- **Insight into some popular cyber threats in today's landscape. Real life examples of how they occur.**
- **Some of the ways you can prevent similar threats to protect your Customers, Employees and your Business.**

**Let's Look beyond hardware and technology and into human behavior to see your risk and value.**



# *THE STATE OF CYBERSECURITY TODAY*

350%

On average an employee at a small business will receive 350% more social engineering attacks than employees of larger enterprises.

61%

61% of Small Businesses reported at least one cyber attack last year.

83%

83% of small businesses haven't purchased cyber liability insurance to protect themselves in a breach

14%

Only 14% of small businesses consider their cyber attack and risk mitigation ability as highly effective.



# *THE STATE OF CYBERSECURITY TODAY*

*SMALL BUSINESSES ARE TARGETED MORE OFTEN AND ARE AT A HIGHER RISK BECAUSE THEY LACK JUST AS MANY SECURITY RESOURCES AND EXPERTISE AS LARGER ENTERPRISES.*

*CYBER CRIMINALS  
HAVE FIGURED OUT  
THAT IT'S A LOT  
EASIER TO CATCH  
SMALLER FISH RATHER  
THAN GO AFTER THE  
BIG FISH!*

*the same threats you've  
probably been hearing for a long  
time are getting even more  
sophisticated.*

- Phishing
- Ransomware
- Account take over



# Sophisticated Phishing Attacks

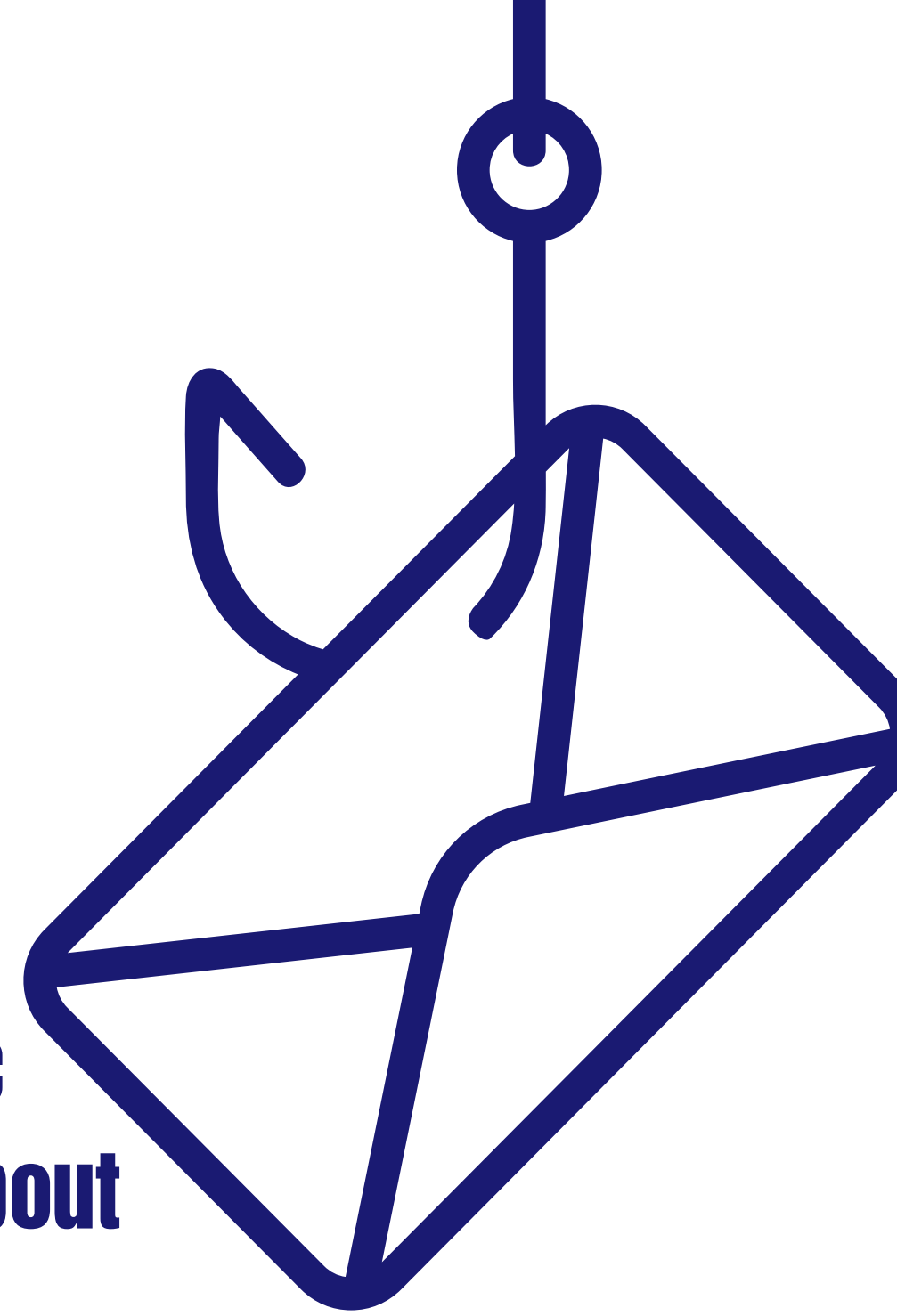
## What is a Phishing Attack?

### The Evolution of Phishing Attacks

- **Mass Phishing-Generic** email to thousands or millions of people.

- **Spear Phishing-Email** targeting a specific individual using information they know about them.

- **Business Email Compromise (BEC)-Multi step** attack to trick email recipients into believing someone they know and trust is asking them to carry out a specific task.





# The Story of BEC: Vectors for attack



**Cyber Criminals will impersonate:**

**A CEO or other executive**

**HR personnel**

**A Trusted Vendor**

**Goals for BEC:**

**Steal sensitive data**

**Get access to critical systems**

**Financial fraud (Most popular)**

**Successful BEC  
attack of this type  
cost \$180k+ on  
Average**

Source: 2021 FBI Internet Crime Report

# The Story of a BEC

Vendor Email Compromise, between a healthcare company and their medical supplier

## Meet the Victims:

Mariah Carey works at a  
medical supply company  
(Vendor A)

Tom Cruise is the Office Manager  
at the medical client (Client B)



Meet the cyber criminal:  
What a jerk.





# The actual story...



Mariah Carey (Vendor A) had the credentials of her email account compromised!

There are many ways that this could have happened: Mass Phishing, Dark Web Breach, Bad password controls; we'll come back to this later.



The cyber criminal uses these compromised credentials to access her account and set up a rule that forwards all of her mail to one of his email accounts

The Cyber Criminal then waits and watches the normal interactions Mariah at Vendor A has with her clients, waiting for the right moment to strike.

# The right moment

A legitimate invoice is sent from  
the Vendor to Client

## New Message



From: Mariah Carey <Mariah@vendorA.com>  
To: Tom Cruise <tom.c@companyB.com>  
CC: Rihanna <Rihanna@vendorA.com>

Hi Tom,

Please find the attached invoice for equipment  
purchased in late June...Additional charges will apply  
after the 45 day period.



Send

# Ready to Strike



The cyber criminal now already has:

- Purchased a fake email domain
- Created a bank account with fake details

Real Email of Vendor A

Mariah Carey <Mariah@**vendorA**.com>

Real Email of Company B

→ Mariah Carey <Mariah@**Avendor**.com>



The fake email domain is cheap to buy and looks very similar, this is just a mirror of the first domain name. In the actual attack that the medical client had the 3 word name of their company as their domain and the attacker dropped 1 word from it.



## New Message



**From:** Mariah Carey <Mariah@Avendor.com>

**To:** Tom Cruise <tom.c@companyB.com>

**CC:** Rihanna <Rihanna@Avendor.com>

Hi Tom,

Our CFO has migrated our receivables account to a sperate banking location. Rihanna will send you updated bank details shortly.

---

**From:** Mariah Carey <Mariah@vendorA.com>

**To:** Tom Cruise <tom.c@companyB.com>

**CC:** Rihanna <Rihanna@vendorA.com>

Hi Tom,

Please find the attached invoice for equipment purchased in late June... Additional charges will apply after the 45 day period.



Send



Added credibility by  
having another  
person that was in  
the thread previously  
send the information  
while including the  
entire original thread



## New Message



**From:** Rihanna <Rihanna@Avendor.com>

**To:** Tom Cruise <tom.c@companyB.com>

**CC:** Mariah Carey <Mariah@Avendor.com>

Hi Tom,

Here are the updated bank account details for the wire transfer.

Bank Name: [REDACTED]

Account Number: [REDACTED]

Routing Number: [REDACTED]

Account Name: [REDACTED]

---

Original Thread below



Send



**WHO IN YOUR COMPANY WOULD HAVE SPOTTED THIS?**

# The Damage.



## Company B

- Tom at Company B sent \$50K the first time
- And \$100k the second time one week later



## Vendor A

- Loss of Company B as a client
- Further reputation damage with their other clients
- Possible future litigation with Company B

# How this could have been avoided?

*BOTH VENDOR A AND CUSTOMER B HAVE NEGATIVE IMPACT TO THEIR BUSINESS*

**Vendor A had their email account compromised**

Implement good password hygiene to reduce password reuse

Adopt a Multifactor Authentication on their email accounts

Participate in on-going training on how to avoid phishing scams

**Company B was as a sitting target without even knowing it**

They need to require a strong P&P for handling wire transfers

Participate in Phishing detection simulation to potentially be able to spot an attack like this

Continuously Educate their employees on how to spot phishing emails

# WHAT WE ARE GOING TO DO ABOUT IT. TOGETHER



*Scams are becoming more sophisticated and you cannot  
rely on an in the box solution to protect yourself  
and your company.*

*You need a multi layer approach and a culture of  
cybersecurity in your company!*

# CCare Security Awareness PII-Protect Management and Monitoring

## End-User Education, Evolved



- Dark Web Monitoring
- Weekly Micro-Training Video & Quiz
- Unlimited Simulated Phishing Campaigns
- Monthly Security Newsletter
- Security Risk Assessment
- Written Security Policies
- Catch Phish
- Employee Vulnerability Assessment
- Cybersecurity Newsfeed

## Employee Vulnerability Assessment (EVA): The heart of the PII-Protect

Combines proven security metrics with quantitative analysis and friendly competition to offer unparalleled insight into an organization's first layer of defense - *their employees*.



# Employee Secure Score (ESS)

Which employee is the weakest link?

The ESS uses a sophisticated algorithm of metrics to transform end-user education into an analytical engine. By assigning an ESS to each user, employees can see where they fall in their peer group and in what areas they can improve.

# Company Overall ESS

How will you reduce their risk level?

By averaging all end-users' ESS', each organization is assigned a Company Overall ESS. Leveraging this score gives management insight into their overall security hygiene and highlights the need for technical safeguards.





# Interactive Annual Training

Cybersecurity Training 2022

Rate This Class ☆ ☆ ☆ ☆ ☆



Professionally produced and engaging!

0%

Welcome and Navigation

Dark Web

PII Basics

Phishing

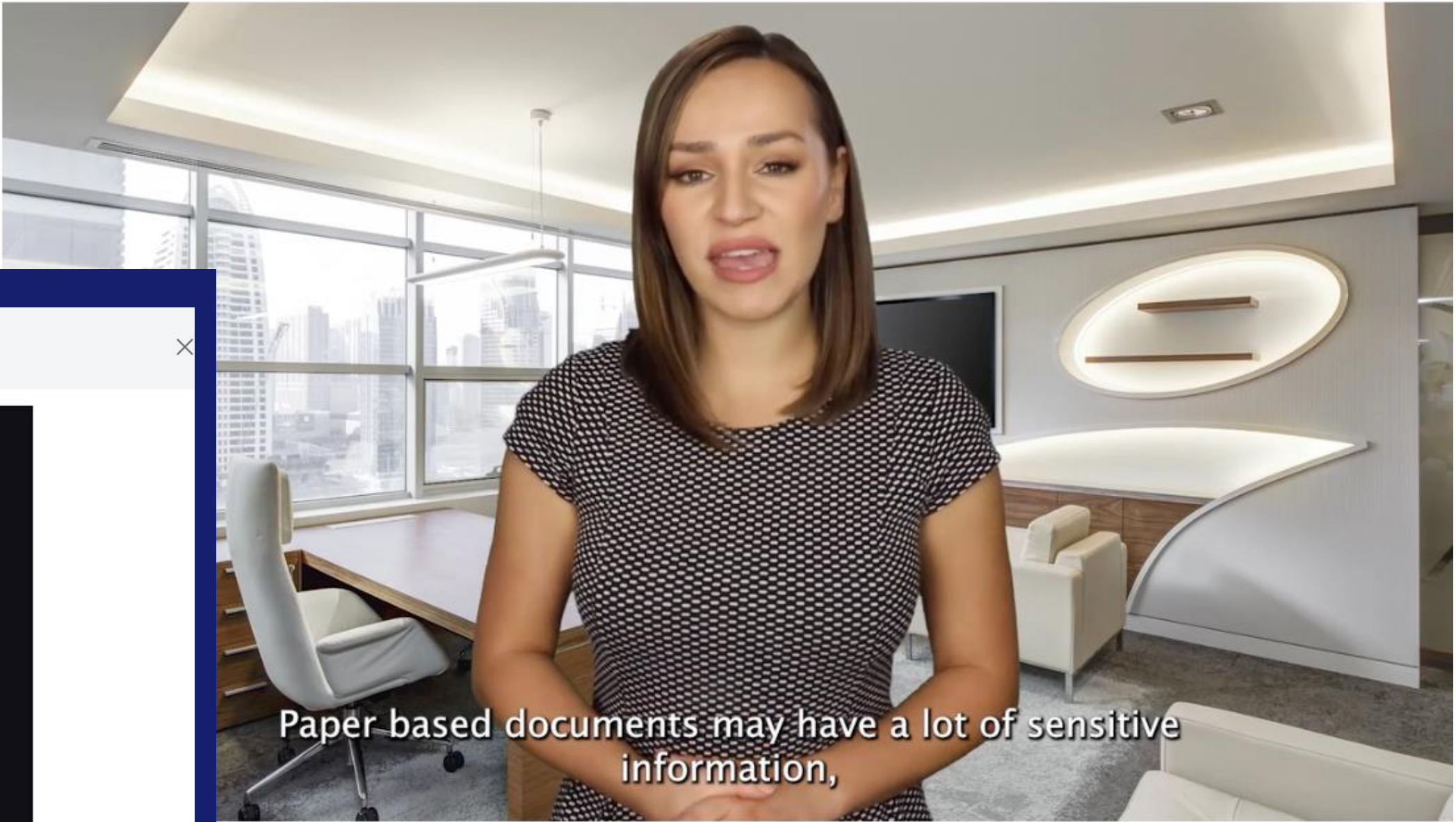
Ransomware

Passwords

Wrapping Up



# Weekly Micro-Trainings



Five Physical Security Tips

02:25

Play

Progress bar

Full screen

Question 1

Always allow unauthorized guests and visitors in your office.

Answer

Question 2

Tailgating is when an unauthorized visitor follows an authorized employee into a secured office after the secured door is opened.

Answer



Perfect!


You answered 4 out of 4 questions correct



# Monthly

## Newsletters

**SCAM CULTURE**  
Did scamming just get cooler?



**THIS MONTH'S TOPICS:**  
Scamming the Scammer  
*Don't pick up the phone...*  
#NonFiction

"Scam Culture" is making its way into a hot, new sub-genre!  
But, in order to keep these types of stories engaging, mainstream media often shows the glamorous side of

**CYBER SHADOWS**  
The dark side of technology and the threats you face



**THIS MONTH'S TOPICS:**  
The Profile  
*The shadows that follow you on Social...*

There's no doubt that there is a dark side of the internet, but have you ever felt like it was following you around?  
Scammers can lurk right behind every online

**CYBER MADNESS**  
March Madness meets cybersecurity



**THIS MONTH'S TOPICS:**  
Scam-Bracketology  
*Choose your final 4...*  
SLAM Dunk

March is known for its madness, and yet, this month is meticulously thought out.  
The brackets, the analyses, the potential for color coding that could make any organizing mastermind's heart soar!...

Newsletter: August 2021

**CYBERSECURITY FOR OUR OLDER GENERATION**  
A review of the latest security threats and how you can avoid them




**THIS MONTH'S TOPICS:**

Our elders have been shaping our path to maturity with their life lessons, words of wisdom and other guidance meant to educate us on right from wrong. It's time for us to return the favor for them!

Newsletter: January 2022

**IT'S A SLIPPERY SLOPE**  
The perils of cyberscams and how to navigate them



**THIS MONTH'S TOPICS:**  
Green Circle:  
*So you clicked the link...*

Look at you, slaloming through the internet like a pro. If cybersecurity was a Winter Olympic sport, you'd win gold: maneuvering through emails with ease, swerving around phishing attempts.  
But what if one day there was a little too much zin

**HOW LOVE MET CYBER SCAMS**  
Summarizing the season of romance, and its connections with cyber scams



**THIS MONTH'S TOPICS:**  
The Dating App  
*Can you spot the fraud...*  
Sweet Hearts

This February, shower the ones you love with cybersecurity tips!  
Nothing says "I care about you" more than a comprehensive list of benefits to using multi-factor authentication, or an ode to password managers.


**WHEN IT RAINS, IT POURS**  
Examining the splash back of a breach on a company



**THIS MONTH'S TOPICS:**  
Light Drizzle  
*Small businesses and breaches...*  
Monsoon Season

April likes to rain a lot, and scammers like to scam a lot.  
So what happens when you're unaware of today's weather, and you venture out, sans umbrella? The same thing that's likely to happen when you're un-cyberaware, surfing the internet: you get drenched, and it's not pretty.

**CYBERSECURITY FOR OUR YOUNGER GENERATION**  
A review of the latest security threats and how you can avoid them



**THIS MONTH'S TOPICS:**  
Navigating the Cybersecurity Path of

Cybercrime and the digital risks we face are showing no signs of slowing down. Although tools, resources, and past experiences have helped us prepare for some of these cybersecurity threats, the same opportunities may not be readily available to our children or the younger generation.





Account	Site Breached	Breach Date	Confidence Score	Loss or Impact of Breach
				<div><div></div>Redacted</div> <div><div></div>Partial</div> <div><div></div>None</div>
123@abcco.com	Alleged AshleyMadison.com data breach release	2015-08-18	90	Uncracked PW:\$2XXXXXXXXXXXXX...
123@abcco.com	very large credential dump	2016-08-01	80	hwXXXXXXv8
123@abcco.com	Big Asia Leak	2020-01-29	40	70XXXXXXXXXXXXX...
123@abcco.com	ExploitIN 800M - Part 38	2020-06-19	40	hwXXXXXXv8
a@abcco.com	Onliner Spambot email list	2017-11-01	20	No Passwords Compromised
abc@abcco.com	very large credential dump	2016-08-01	80	jaXXXry
abc@abcco.com	Adobe Hack	2013-11-11	100	Uncracked PW:X5XXXXXXXXXE=
abc@abcco.com	ExploitIN 800M - Part 14	2020-06-17	40	jaXXXry
amy.smith@abcco.com	LinkedIn credentials dumped	2016-05-19	100	12XXXX\r
bm@abcco.com	MySpace credentials dump	2016-06-01	90	abXXXX\r
clay@abcco.com	LinkedIn credentials dumped	2016-05-19	100	clXXpa
clay@abcco.com	Adobe Hack	2013-11-11	100	Uncracked PW:w1XXXXXXXX4=
clay@abcco.com	cit0day_premium - ssgainstitutional.com	2020-11-18	40	86XXXXXXXXXXXXX...



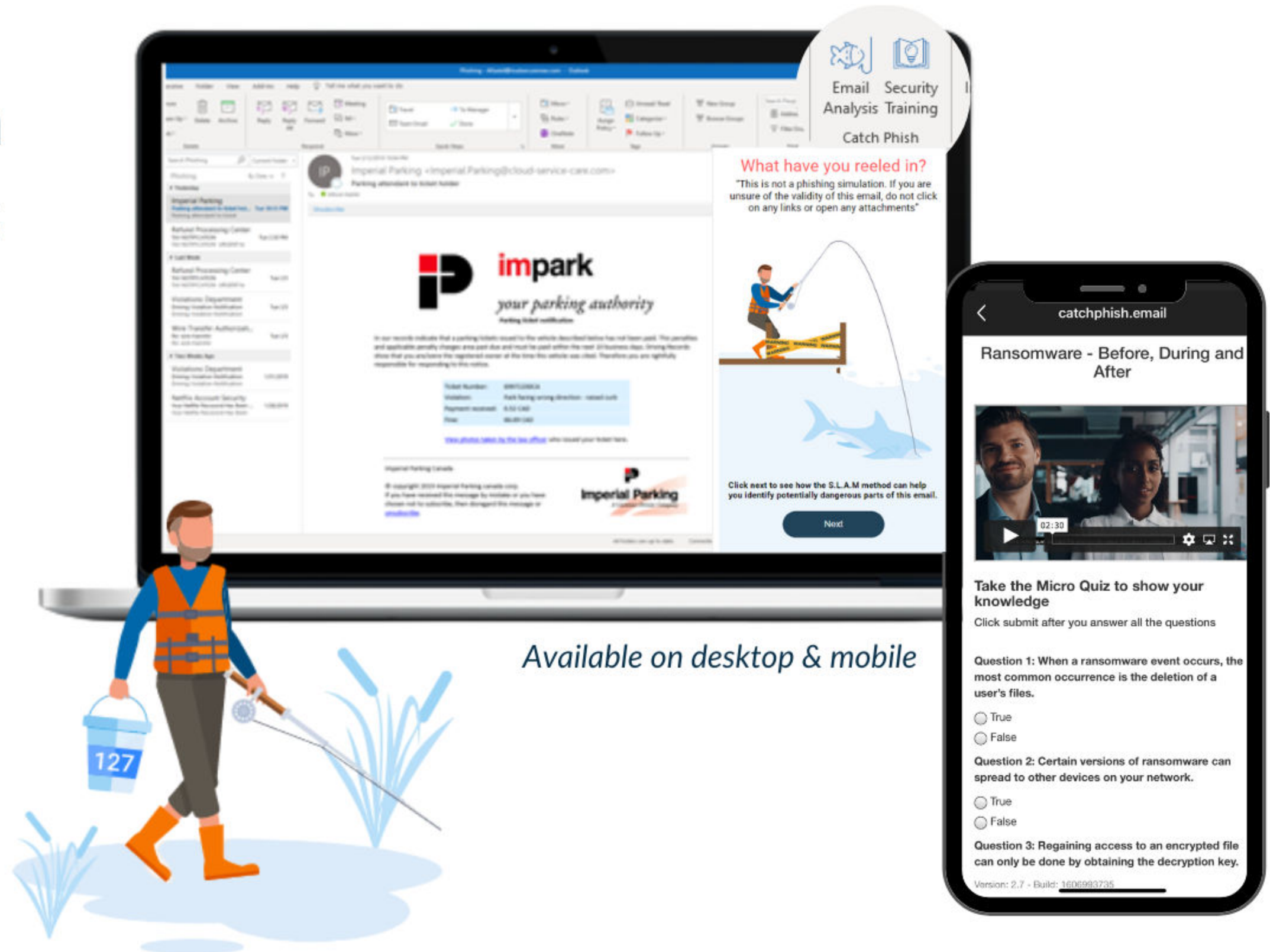
# Catch Phish Outlook Plug-In



Combat cybercrime where employees are most vulnerable – their inbox.

Catch Phish integrates with Office 365 subscriptions as an add-in.

When an email is analyzed by the tool, Catch Phish will highlight elements of the SLAM Method for further analysis.



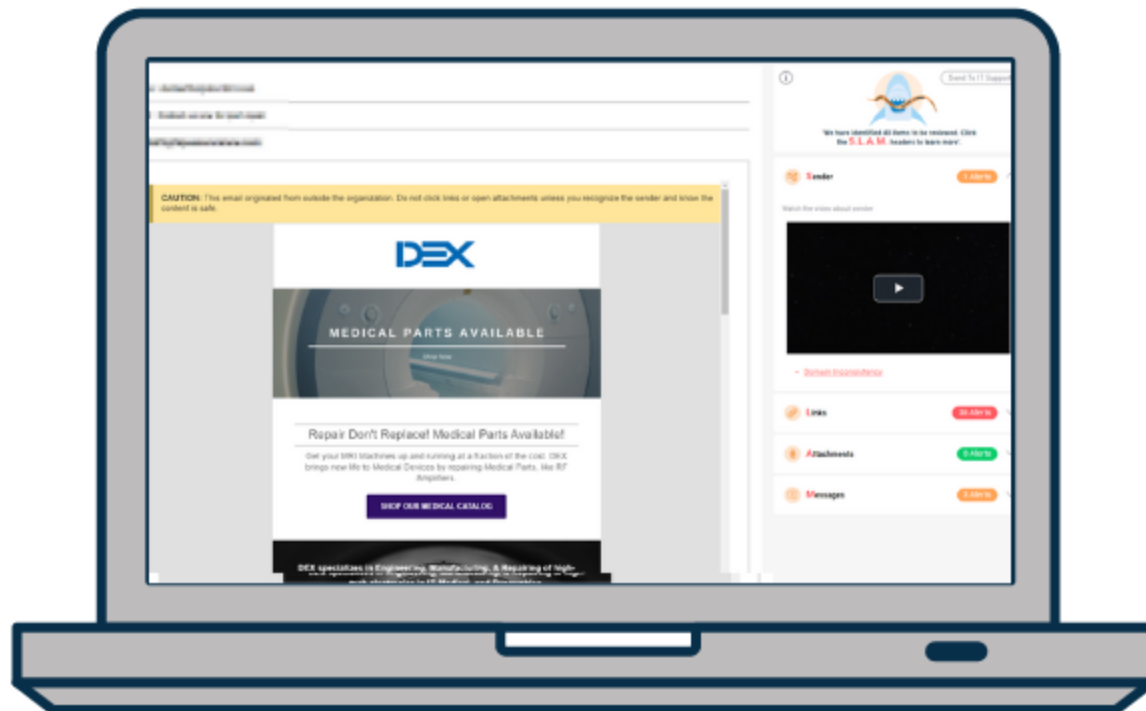
# Catch Phish Outlook Plug-In

Users can click the button in their toolbar to leverage machine learning and AI to confidently verify the legitimacy of any email that hits their inbox.

## Email Analysis:

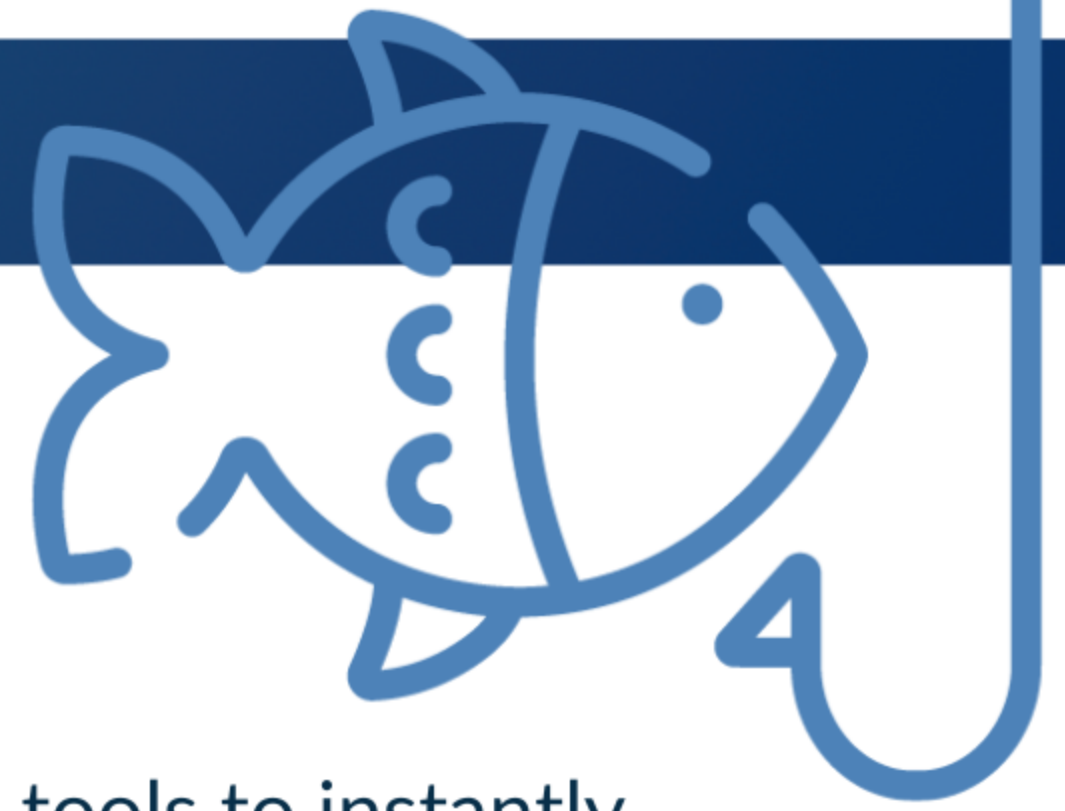


Catch Phish's Email Analysis feature gives you the tools to instantly analyze emails for malicious links, language, attachments, and other hidden elements. **Within seconds your client will know if that link is safe to click or if that request from the CEO could be a cybercriminal impersonating their account.**



No more guessing, no more waiting for a tech to confirm suspicions, just instant insight that fills in the gaps and makes decision making, simple.

Once the scan is complete, a total number of alerts through the four categories will be identified and easily indicated. By hovering over the identified components of the analysis, users can learn more about why the area was identified and learn more about any red flags.







The new and improved tool now scans emails through the lens of the SLAM method. Highlighting 4 important elements for the user to further consider.

# SLAM

## The Scam

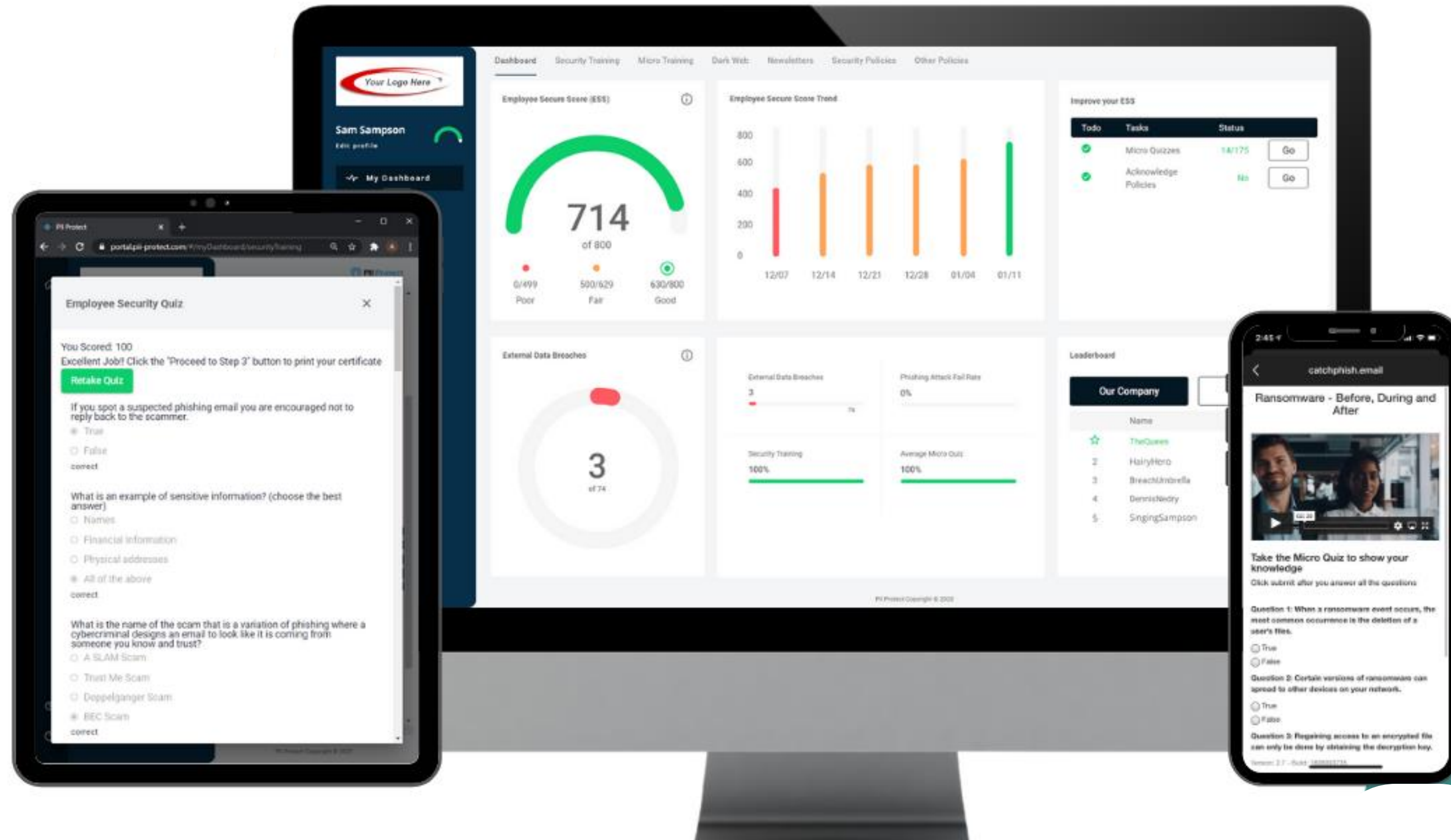
**Sender**

**Links**

**Attachments**

**Message**

# CENTARIS™





**RANSOMWARE IS ALIVE AND WELL.**

**CENTARIS™**

**RANSOMWARE ON AVERAGE HITS A SMALL BUSINESS  
400,000 TIMES PER DAY**





**Thank you for joining us today!**  
Congratulations on taking an important step  
toward stronger cybersecurity.